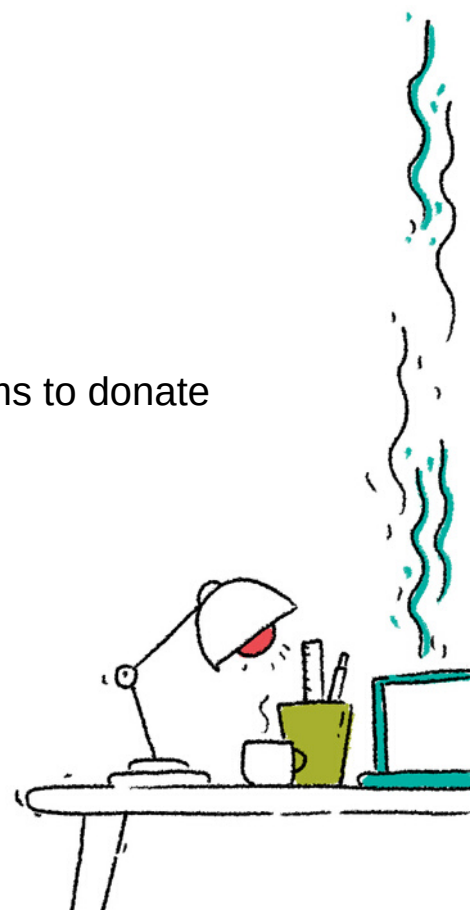


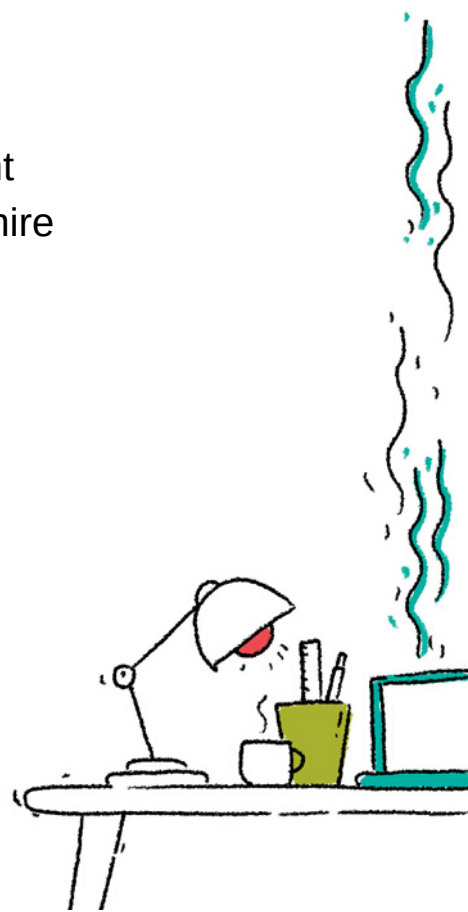
THINGS I CAN DO

Indoor Activities for Teens

- Learn a new skill (coding, origami, animation, instrument, etc.)
- Learn a new language
- Learn magic tricks
- Replicate famous art
- Paint or draw a self-portrait
- Draw cartoons or comic strips
- Publish a newspaper or magazine
- Write or draw a letter or an email to a penpal or relative
- Video chat with a friend
- Make friendship bracelets
- Do a puzzle
- Solve a crossword or Sudoku puzzle
- Play Solitaire
- Journal
- Write and illustrate a short story
- Write a play
- Write and direct a short film
- Write a song or a poem
- Make a music video
- Fix something that's broken
- Clean out my closet and put together a bag of items to donate
- Redecorate or organize my bedroom
- Host a fashion show in my room
- Research my family tree
- Look through photo albums
- Create a video using family videos and photos



- Put together a time capsule
- Make tissue flower bouquets
- Make paper beads from magazines
- Create dough art
- Make pressed flower cards
- Crochet or cross stitch
- Create a collage
- Collect quotes that inspire me
- Cook a new recipe
- Bake a treat
- Start a blog
- Start an Instagram page for my pet
- Create a vision or dream board
- Make a bucket list
- Design my dream house
- Plan my dream trip
- Research a country I'd like to travel to
- Take virtual museum tours
- Take an online class
- Watch a documentary
- Learn about constellations and locate them at night
- Research and create a video about a person I admire
- Design a board game
- Make a list of my business ideas
- Start a business
- Build a website
- Learn to dance following a Youtube video
- Take an online exercise class
- Do yoga



THINGS I CAN DO

WITH A SIBLING

Indoor Activities for Teens

- Play a board game
- Cook or bake together
- Read to each other
- Hold an art show
- Make up a play to perform for our family
- Journal together
- Take silly selfies
- Paint pictures or affirmations on rocks
- Go on an indoor scavenger hunt
- Build a volcano out of paper mâché
- Create a board game
- Play balloon volleyball
- Have a Jenga tournament
- Sing karaoke
- Make a movie
- Make a music video
- Write and direct a short film
- Play a card game or learn a new one
- Play charades
- Exercise
- Cook a new meal
- Have a spa day
- Design a board game
- Do a science experiment

